

Brimming About Swimming

Dear Tim:

I've seen and read about a lot of impressive feats in my life, but what this guy Michael Phelps did at the Olympics is just about beyond comprehension. How does one guy do that well at that many different disciplines over the very best people in the world – most of whom specialize in just one of those disciplines? And do it eight times in one week? That's not even possible, right? I'm so stunned I'm willing to forgive the fact that he trained at Michigan. Am I alone here?

-Impressed on Independence

Dear Impressed:

You're definitely not alone. Given the ratings NBC has been pulling in during these Olympics, I'm pretty sure there were plenty of people – me included – who saw and were overwhelmed by what this young man did. The amazing thing was how unaffected he seemed by the whole thing. As thrilled as he looked during the relays and after it was all over, he seemed



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very calm throughout. I have a hard time staying that composed when I can solve the puzzle on *Wheel of Fortune*. If his accomplishment taught us anything, it's that you can do amazing things when you put your mind to it. Like we do when it comes to our meat department. We make it a point of pride to select only the finest cuts of meat from local farms and prepare them to your exact request. If there were a gold medal for that, we'd be Olympic champions, too.

Dear Tim:

I saw Jennifer Lopez on TV this morning talking about how she got herself back into shape so quickly after giving birth to twins this year and how she and her superstar Latin singer husband are caring for their babies without the help of a nanny. You'd have thought she was curing cancer. I do that every day, but with four kids and without the benefit of millions of dollars, a staff, a chef and a personal trainer. Where's my award from *Shape* magazine? Where's my fawning spread in *People*?

-Mom on Montague

Dear Mom:

You and every woman like you have and deserve our utmost respect. How you do what you do is beyond me, and if there were awards to be handed out and publicity to give for it, we would. Would you settle for a really great, friendly shopping experience at a place where people appreciate you? Great! Just stay away from the magazine rack in aisle 6.

Dear Tim is presented as a public service by Tim Huffman, owner of Huffman's Market. Write to him in care of Huffman's Market, 2140 Tremont Center, Upper Arlington, Ohio, 43221, stop by and say hi, or visit www.huffmansmarket.com.