

Confused About Cod

Dear Tim:

With Lent beginning, everyone's pushing fish on us. I'll admit I'm not exactly a fish fan, but I can survive six weeks. What I need to know, though, is what exactly is cod? It's the one kind of fish I seem to see advertised everywhere, and it's the one with the worst-sounding name. Can you drop some knowledge on me and then get your marketing guys to work on a name that's a little more appetizing?

-Meat Eater on Meekison

Dear Meat Eater:

First of all, don't give my marketing guys too much credit. They've got me writing a bi-weekly newspaper column for Pete's sake. How smart can they be? Anyway, cod is the common name for a rather large family of fish found primarily in the Atlantic. It's popular because it's got a mild flavor, is low in



**DEAR
TIM**

fat and the flesh is dense, moist and flaky. And, up until recently, it was fairly plentiful. If you like fish and chips (like the delectable variety served by our neighbors at The Old Bag Of Nails), chances are you already like cod. But if you need more convincing, we've got plenty of cod in our fresh seafood case and even a few free

recipes you can try at home to make it just the way you like it. Or at least a way that makes it more palatable.

Dear Tim:

With the economy going the way it is, how soon before we're back to just bread and water?

-Doomer on Doone

Dear Doomer:

I don't think it's ever going to get that bad, but if it does, bread's in aisle 3. And I'll assume bottled water will officially be out of the question at that point, so I won't remind you it's in aisle 1.

Dear Tim:

Is *everyone* on steroids?

-Suspicious on Sussex

Dear Suspicious:

It's hard to say, but my grandson likes to play with the ball we got him for Christmas so we're starting him on a regimen just in case.

Dear Tim is presented as a public service by Tim Huffman, owner of Huffman's Market. Write to him in care of Huffman's Market, 2140 Tremont Center, Upper Arlington, Ohio, 43221, stop by and say hi, or visit www.huffmansmarket.com.