

# Not-So-Super Bowl

## Dear Tim:

Let's face it, a Super Bowl involving the Arizona Cardinals is hardly anything to get excited about. And as a Cleveland Browns fan, having to watch the Pittsburgh Steelers get a chance at yet another championship is almost more than I can stand. Yet somehow I'm supposed to throw my usual Super Bowl bash like everything's great. Needless to say, I'm having a hard time. Any advice?

-Bummed on Brixton

## Dear Bummed:

First of all, sorry for your luck. This year's Super Bowl is indeed lacking in marquee value. But sometimes those turn out to be the best games.

You've got a great offense going against a great defense, which seems to suggest an interesting matchup. Unfortunately, defense always seems to win those battles, so I'm sorry to say that my



**DEAR  
TIM**

money's on the Steelers. But a great game isn't what makes a great Super Bowl party. It's the people and the food. So be sure to invite all your best buddies and enough attractive ladies, cold beer and tasty snacks to keep them distracted. They'll forget there's even a game on. Beer's in aisle 1, snacks are in aisle 6, and there are plenty of made-to-order

choices in the deli. Good luck.

## Dear Tim:

I'm smart enough to know that if it sounds too good to be true, it probably is. But I've been seeing all these commercials lately telling me how I can lose weight with no effort just by eating the advertisers' products. I chalked it up to hyperbole until I saw this one from Kellogg's about The Special K Challenge. They say I can lose six pounds in two weeks by substituting two of my regular meals with Special K cereals. Am I kidding myself?

-Dieter on Devon

## Dear Dieter:

I've always been the kind to try anything once. You should have seen some of my fashion choices in the '70s. I say give it a shot. The worst that could happen is you improve your fiber intake. Special K's in aisle 3. Hope it works.

---

*Dear Tim is presented as a public service by Tim Huffman, owner of Huffman's Market. Write to him in care of Huffman's Market, 2140 Tremont Center, Upper Arlington, Ohio, 43221, stop by and say hi, or visit [www.huffmansmarket.com](http://www.huffmansmarket.com).*