

Not Thrilled About Pills



DEAR TIM

Dear Tim:

It seems like medication has become the answer to every problem. No matter what it is, someone's selling a pill to fix it. Whatever happened to better behavior?

-Disillusioned on Danvers

Dear Disillusioned:

Nothing happened to it. It's just harder than taking a pill. I don't blame the optimists; I blame the marketers. There are still plenty of natural choices out there, and if you're looking for one this holiday season, consider Bowman Landes turkeys. They're

raised naturally with no preservatives and no special medications. Talk to James in the meat department about ordering one for your family feast.

Dear Tim:

I'm not sure which one of my brother's girlfriends he'll be bringing to Thanksgiving dinner this year. Should I censor myself about his playboy ways?

-Irked on Ida

Dear Irked:

You may feel the urge to speak your mind, but it's probably better if you don't. There are enough family landmines to dodge around the holidays. It's best to miss as many as you can. Speaking of side dishes, stop by the deli counter to pick up any you may need to round out your holiday meal. And whatever you order, we'll keep it to ourselves.

Dear Tim is presented as a public service by Tim Huffman, owner of Huffman's Market. Write to him in care of Huffman's Market, 2140 Tremont Center, Upper Arlington, Ohio, 43221, stop by and say hi, or visit www.huffmansmarket.com.