

Keeping New Routines

Dear Tim:

My son just returned home from college for the summer. He seems excited to be back, but I get the feeling it's mostly for the free laundry and home-cooked meals. The only thing is, I stopped cooking when he left. I've found lots of other interests since then, and I'm not too keen on picking it back up. Any suggestions?

-New Mom on Newhall



**DEAR
TIM**

Dear New:

First of all, congratulations on finding a new purpose. That can be hard to do when you go through a tough transition. Second, don't feel like you have to fall back into your old habits just because he has. If he's dying for a home-cooked meal, send him our way. We've got lots of favorites, from spaghetti & meatballs and lasagna to macaroni & cheese and beef stroganoff – all in the refrigerated case in aisle 6. That way you can both have the summer you expected.

Dear Tim is presented as a public service by Tim Huffman, owner of Huffman's Market. Write to him in care of Huffman's Market, 2140 Tremont Center, Upper Arlington, Ohio, 43221, stop by and say hi, or visit www.huffmansmarket.com.